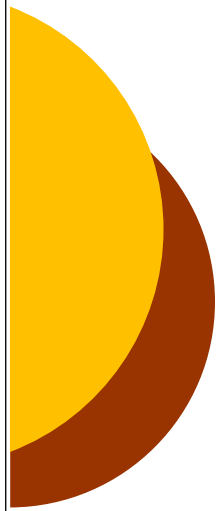


Great Expectations Child Care Center, Inc. Breakfast Menu

November 2021



Breakfast will be served to those children who arrive to the Center between 8:00am and 8:25am.

Foods are purchased based upon availability and are subject to change without notice.

* Children 1- 2yrs of age will receive Vitamin D milk and children 2yrs- 5yrs of age will receive 1% milk.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Whole Grain Cereal Pineapple *Milk	2 Whole Grain Cereal Bananas *Milk	3 Whole Grain Cereal Oranges *Milk	4 Whole Grain Cereal Apples *Milk	5 Whole Grain Cereal Mixed Fruit *Milk	6
7	8 Whole Grain Cereal Pineapple *Milk	9 Whole Grain Cereal Pears *Milk	10 Whole Grain Cereal Applesauce *Milk	11 Whole Grain Cereal Mixed Fruit *Milk	12 Whole Grain Cereal Peaches *Milk	13
14	15 Whole Grain Cereal Apples *Milk	16 Whole Grain Cereal Bananas *Milk	17 Whole Grain Cereal Oranges *Milk	18 Whole Grain Cereal Pears *Milk	19 Whole Grain Cereal Pineapple *Milk	20
21	22 Whole Grain Cereal Applesauce *Milk	23 Whole Grain Cereal Mixed Fruit *Milk	24 Whole Grain Cereal Peaches *Milk	25 Happy Thanksgiving! Center Closed	26 Center Closed	27
28	29 Whole Grain Cereal Oranges *Milk	30 Whole Grain Cereal Pears *Milk				

Great Expectations Child Care Center, Inc. Monthly Lunch

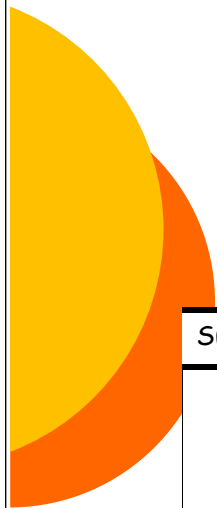
November 2021



	Mon	Tue	Wed	Thu	Fri	Sat
	1 Ravioli w/ Meat Sauce Peas Pears *Milk	2 Turkey Wrap Carrots Apples *Milk	3 Chicken Nuggets Corn Peaches *Milk	4 Macaroni and Cheese Broccoli Mixed Fruit *Milk	5 Pancakes Assorted Vegetables Assorted Fruit Yogurt *Milk	6
7	8 Sloppy Joe on a Bun Corn Peaches *Milk	9 Ham & Cheese Sandwich Cauliflower Apples *Milk	10 French Toast Sticks Mixed Vegetable Bananas Yogurt *Milk	11 Tortellini w/ Meat Sauce Broccoli Oranges *Milk	12 Jelly Sandwich Assorted Vegetables Assorted Fruit Mozzarella Cheese Stick *Milk	13
14	15 Chicken Patty on a Bun Carrots Pineapple *Milk	16 Beef Tacos Peas Pears *Milk	17 Cheese Pizza Corn Applesauce *Milk	18 Waffles Cauliflower Mixed Fruit Yogurt *Milk	19 Pasta w/ Meat Sauce Assorted Vegetables Assorted Fruit *Milk	20
21	22 Turkey Wrap Broccoli Peaches *Milk	23 Chicken Nuggets Green Beans Bananas *Milk	24 Grilled Cheese Sandwich Carrots Oranges *Milk	25 Happy Thanksgiving! Center Closed	26 Center Closed	27
28	29 Pancakes Corn Pears Yogurt *Milk	30 Cheese Pizza Mixed Vegetables Mixed Fruit *Milk				

Great Expectations Child Care Center, Inc. Snack

November 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Oyster Cracker 100% Juice Water	2 Graham Crackers Apples Water	3 Goldfish Yogurt Water	4 Kix Cereal Pears Water	5 Assorted Snack *Milk Water	6
7	8 Chex Mix Oranges Water	9 Saltines Cheddar Cheese Stick Water	10 Wheat Crackers 100% Juice Water	11 Goldfish Yogurt Water	12 Pretzels *Milk Water	13
14	15 Oyster Cracker Applesauce Water	16 Cheese-Its Milk Water	17 Chex Mix Pineapple Water	18 Wheat Crackers Mozzarella Cheese Stick Water	19 Assorted Snack 100% Juice Water	20
21	22 Saltines Colby Jack Cheese Stick Water	23 Vanilla Wafers *Milk Water	24 Goldfish 100% Juice Water	25 Happy Thanksgiving! Center Closed	26 Center Closed	27
28	29 Cheese-Its 100% Juice Water	30 Wheat Crackers Apples Water				

Snack will be served between 3:00p and 3:15p.

Please let us know if your child does not eat any of the provided snacks, so that a substitute snack can be prepared and served.

Foods are purchased based upon availability and are subject to change without notice.