

YOUR LUNCH MENU

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GREAT NUTRITION IS ONLY THE BEGINNING

FEBRUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Turkey & Gravy Turkey Biscuit (WGR) Mashed Potatoes Fresh Banana 1% or Whole Milk	2 Mac & Cheese LF Mozz/ Cheddar Wheat Elbow(WGR) Peas Fresh Orange Slices 1% or Whole Milk	3
4	5 Chicken Nuggets Chicken Wheat Bread WGR) Mixed Veggies Pineapple 1% or Whole Milk	6 Chicken Enchillada Chicken/ Cheddar Wheat Tortilla Shell (WGR) Corn Fresh Apples 1% or Whole Milk	7 Meatball Bomber Chicken/Beef Wheat Roll (WGR) Green Beans Pear 1% or Whole Milk	8 Sloppy Joe Beef/Turkey Wheat Roll (WGR) Carrot Fresh Orange Slices 1% or Whole Milk	9 Pizza Pasta LF Mozz/Red Sauce Wheat Rotini(WGR) Peas Fresh Banana 1% or Whole Milk	10
11	12 Turkey Dogs Turkey Wheat Roll (WGR) Green Beans Peaches 1% or Whole Milk	13 Taco Tuesday Ground Chicken& Beef/Cheddar Wheat Tortilla Shell(WGR) Corn Fresh Apple 1% or Whole Milk	14 BBQ Burgers Beef Wheat Roll (WGR) Mixed Veggie Fresh Orange Slices 1% or Whole Milk	15 Turkey Bologna Sub Turkey Bologna Wheat Roll (WGR)) Carrots Pineapple 1% or Whole Milk	16 Chicken Alfredo Chicken Whole Grain ElbowWGR) Peas Fresh Banana 1% or Whole Milk	17
18	19 Breakfast 4 Lunch Egg&cheese Omelette English Muffins (WGR) Mixed Veggie Pineapple 1% or Whole Milk	20 Meatball Bomber Chicken/ Beef Wheat Roll (WGR) Corn Fresh Apple 1% or Whole Milk	21 Turkey Sub Turkey Wheat Roll(WGR) Carrots Peaches 1% or Whole Milk	22 BBQ Chicken Wrap Chicken Wheat Tortilla Shell (WGR) Green Beans Fresh Banana 1% or Whole Milk	23 Goulash Beef/Red Sauce Wheat Elbow (WGR) Peas&Carrots Fresh Orange Slices 1% or Whole Milk	24
25	26 Salisbury Steak Beef & Gravy Wheat Bread WGR) Green Beans Pears 1% or Whole Milk	27 Taco Tuesday Ground Chicken& Beef/Cheddar Wheat Tortilla Shell(WGR) Corn Fresh Apple 1% or Whole Milk	28 Chicken Nuggets Chicken Wheat Bread WGR) Carrots Pineapple 1% or Whole Milk	29 Southwest Rice Black Beans/Cheddar Brown Rice (WGR) Mixed Veggies Fresh Banana 1% or Whole Milk		

All lunches follow cacfp (child and adult care food program) (WGR) = Whole Grain-Rich Foods

Milk Guide 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4cup 1% Milk) Snack (1/2cup 1% Milk) 6-Adult (1cup 1% Milk)

While we do not use any peanut/tree nut products in our food/recipes, we have been advised by all our distributors and lawyers that all warehouses/delivery trucks have peanuts/tree nuts products in/on them and are not stored separate from the food we receive. **We do not serve any children with severe allergies of any kind.** Riva's Catering Presents Cater Tots is a Cater Tots Inc., RCT Catering Inc., Riva's Catering Inc. Company.