

# YOUR VEGETARIAN MENU

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GREAT NUTRITION IS ONLY THE BEGINNING

APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <b>CHEESE BOMBER</b> Cheddar Cheese Wheat Roll (WGR) Green Beans Pear 1% or Whole Milk	2 <b>VEGGIE NUGGETS</b> Wheat Roll (WGR) Mixed Veggies Orange 1% or Whole Milk	3 <b>MAC &amp; CHEESE</b> Cheddar Cheese Wheat Elbow (WGR) Peas Fresh Banana 1% or Whole Milk	4
HAPPY EASTER 	6 <b>BREAKFAST FOR LUNCH</b> Cheddar Omelette English Muffin (WGR) Carrots Pears 1% or Whole Milk	7 <b>BBQ BEANS</b> Wheat Tortilla Shell (WGR) Corn Fresh Apple 1% or Whole Milk	8 <b>CHEESE BOMBER</b> Cheddar Cheese Wheat Roll (WGR) Mixed Veggies Pineapple 1% or Whole Milk	9 <b>BBQ VEGGIE BURGER</b> Hamburger Bun (WGR) Fresh Salad Fresh Orange Slices 1% or Whole Milk	10 <b>MAC &amp; CHEESE</b> Cheddar Cheese Wheat Rotini (WGR) Mixed Veggies Fresh Banana 1% or Whole Milk	11
	13 <b>VEGGIE NUGGETS</b> Wheat Bread (WGR) Green Beans Pineapple 1% or Whole Milk	14 <b>BLACK BEAN TACO</b> Cheddar Cheese Wheat Tortilla Shell (WGR) Corn Fresh Apple 1% or Whole Milk	15 <b>VEGGIE BURGER</b> Wheat Roll (WGR) Carrots Fresh Orange Slices 1% or Whole Milk	16 <b>VEGGIE NUGGETS</b> Wheat Roll (WGR) Mixed Veggies Peaches 1% or Whole Milk	17 <b>CHEESY PASTA</b> Cheddar Cheese Wheat Rotini (WGR) Peas Fresh Banana 1% or Whole Milk	18
	20 <b>VEGGIE NUGGETS</b> Wheat Bread (WGR) Green Beans Pineapple 1% or Whole Milk	21 <b>BBQ BEANS</b> Wheat Shell (WGR) Corn Fresh Apple 1% or Whole Milk	22 <b>SUNBUTTER BOMBER</b> Sunbutter Wheat Roll (WGR) Peas Fresh Orange 1% or Whole Milk	23 <b>VEGGIE NUGGETS</b> Wheat Roll (WGR) Carrots Pears 1% or Whole Milk	24 <b>SOUTHWEST RICE</b> Cheddar Cheese Brown Rice (WGR) Corn Fresh Banana 1% or Whole Milk	
	27 <b>VEGGIE NUGGETS</b> Wheat Bread (WGR) Green Beans Peaches 1% or Whole Milk	28 <b>BLACK BEAN TACO</b> Cheddar Cheese Wheat Tortilla Shell (WGR) Corn Fresh Apple 1% or Whole Milk	29 <b>CHEESE BOMBER</b> Cheddar Cheese Wheat Bun (WGR) Fresh Salad Pineapple 1% or Whole Milk	30 <b>VEGGIE NUGGETS</b> Wheat Roll (WGR) Mixed Veggies Fresh Orange 1% or Whole Milk		



All lunches follow CACFP (child and adult care food program) (WGR) = Whole Grain-Rich Foods

**Milk Guide** 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4 cup 1% Milk) Snack (1/2 cup 1% Milk) 6-Adult (1 cup 1% Milk)

While we do not use any peanut/tree nut products in our food/recipes, we have been advised by all our distributors and lawyers that all warehouses/delivery trucks have peanuts/tree nuts products in/on them and are not stored separately from the food we receive.

**We do not serve any children with severe allergies of any kind.**

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