

# YOUR EGG/DAIRY FREE MENU

PHONE 716.919.1355  
 EMAIL info@catertotswny.com  
 WEB catertotswny.com

GREAT NUTRITION IS ONLY THE BEGINNING

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1 BEEF BOMBER</b> Beef Wheat Bun (WGR) Green Beans Peas Lactose Free Milk	<b>2 TACO TUESDAY</b> Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	<b>3 SLOPPY JOE</b> Ground Beef Wheat Bun (WGR) Carrots Fresh Orange Slices Lactose Free Milk	<b>4 TURKEY SUB</b> Turkey Wheat Roll (WGR) Mixed Veggies Peaches Lactose Free Milk	<b>5 GOULASH</b> Ground Beef/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk	
	<b>8 CHICKEN NUGGETS</b> Chicken Wheat Bread (WGR) Carrots Peaches Lactose Free Milk	<b>9 B'BQ CHICKEN</b> Chicken Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	<b>10 TURKEY DOGS</b> Turkey Wheat Roll (WGR) Green Beans Peas Lactose Free Milk	<b>11 B'BQ BURGER</b> Beef Hamburger Bun (WGR) Fresh Salad Fresh Orange Slices Lactose Free Milk	<b>12 CHICKEN PASTA</b> Chicken/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk	
	<b>15 CHICKEN NUGGETS</b> Chicken Wheat Bread (WGR) Green Beans Pineapple Lactose Free Milk	<b>16 TACO TUESDAY</b> Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	<b>17 SLOPPY JOE</b> Ground Beef Wheat Roll (WGR) Carrots Fresh Orange Slices Lactose Free Milk	<b>18 TURKEY BOLOGNA</b> Turkey Bologna Wheat Roll (WGR) Mixed Veggies Peaches Lactose Free Milk	<b>19 GOULASH</b> Ground Beef/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk	
	<b>22 SALISBURY STEAK</b> Beef Wheat Bread (WGR) Mixed Veggies Pineapple Lactose Free Milk	<b>23 B'BQ CHICKEN ROLL UP</b> Chicken Wheat Shell (WGR) Green Beans Fresh Apple Lactose Free Milk	<b>24 MEATBALL BOMBER</b> Beef Wheat Roll (WGR) Peas Fresh Orange Lactose Free Milk	<b>25 TURKEY SUB</b> Turkey Wheat Roll (WGR) Carrots Peas Lactose Free Milk	<b>26 SOUTHWEST RICE</b> Beans/Chicken Brown Rice (WGR) Corn Fresh Banana Lactose Free Milk	
	<b>29 CHICKEN PATTY</b> Chicken Wheat Bun (WGR) Green Beans Peaches Lactose Free Milk	<b>30 TACO TUESDAY</b> Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk				



All lunches follow CACFP (child and adult care food program) (WGR) = Whole Grain-Rich Foods

**Milk Guide** 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4 cup 1% Milk) Snack (1/2 cup 1% Milk) 6-Adult (1 cup 1% Milk)

While we do not use any peanut/tree nut products in our food/recipes, we have been advised by all our distributors and lawyers that all warehouses/delivery trucks have peanuts/tree nuts products in/on them and are not stored separately from the food we receive.

**We do not serve any children with severe allergies of any kind.**

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