

YOUR EGG & DAIRY FREE MENU

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

GREAT NUTRITION IS ONLY THE BEGINNING

				2 CHICKEN WRAP Chicken/Salsa Wheat Tortilla Shell Mixed Veggies Fresh Orange Lactose Free Milk	
	5 CHICKEN NUGGETS Chicken Wheat Bread (WGR) Carrots Peaches Lactose Free Milk	6 BBQ CHICKEN WRAP Chicken Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	7 TURKEY DOGS Turkey Wheat Roll (WGR) Green Beans Pears Lactose Free Milk	8 BBQ BURGER Beef Hamburger Bun (WGR) Fresh Salad Fresh Orange Slices Lactose Free Milk	9 CHICKEN PASTA Chicken/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk
	12 CHICKEN PATTY Chicken Wheat Bun (WGR) Green Beans Pineapple Lactose Free Milk	13 TACO TUESDAY Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	14 SLOPPY JOE Ground Beef Wheat Roll (WGR) Carrots Fresh Orange Slices Lactose Free Milk	15 TURKEY BOLOGNA Turkey Bologna Wheat Roll (WGR) Mixed Veggies Peaches Lactose Free Milk	16 GOULASH Ground Beef/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk
	19 SALISBURY STEAK Beef Wheat Bread (WGR) Mixed Veggies Pineapple Lactose Free Milk	20 BBQ CHICKEN ROLL UP Chicken Wheat Shell (WGR) Green Beans Fresh Apple Lactose Free Milk	21 BEEF BOMBER Beef Wheat Roll (WGR) Peas Fresh Orange Lactose Free Milk	22 TURKEY SUB Turkey Wheat Roll (WGR) Carrots Fresh Orange Lactose Free Milk	23 SOUTHWEST RICE Beans/Chicken Brown Rice (WGR) Corn Fresh Banana Lactose Free Milk
	26 CHICKEN NUGGETS Chicken Wheat Bread (WGR) Green Beans Pear Lactose Free Milk	27 TACO TUESDAY Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	28 SLOPPY JOE Ground Beef Wheat Bun (WGR) Carrots Pineapple Lactose Free Milk	29 TURKEY DOGS Turkey Wheat Bun (WGR) Mixed Veggies Fresh Orange Lactose Free Milk	30 GOULASH Ground Beef Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk

JANUARY 2026

All lunches follow cacfp (child and adult care food program) (WGR) = Whole Grain-Rich Foods

Milk Guide 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4 cup 1% Milk) Snack (1/2 cup 1% Milk) 6-Adult (1 cup 1% Milk)

While we do not use any peanut/tree nut products in our food/recipes, we have been advised by all our distributors and lawyers that all warehouses/delivery trucks have peanuts/tree nuts products in/on them and are not stored separately from the food we receive. We do not serve any children with severe allergies of any kind.

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