

YOUR EGG & DAIRY FREE MENU

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GREAT NUTRITION IS ONLY THE BEGINNING

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 TACO TUESDAY Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	2 SLOPPY JOE Ground Beef Wheat Bun (WGR) Carrots Fresh Orange Slices Lactose Free Milk	3 TURKEY SUB Turkey Wheat Roll (WGR) Mixed Veggies Pineapple Lactose Free Milk	4 GOULASH Ground Beef/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk	
	CLOSED FOR LABOR DAY	8 CHICKEN NUGGETS Chicken Wheat Bread (WGR) Green Beans Pineapple Lactose Free Milk	9 TURKEY DOGS Turkey Wheat Roll (WGR) Green Beans Peas Lactose Free Milk	10 BBQ BURGER Beef Hamburger Bun (WGR) Fresh Salad Fresh Orange Slices Lactose Free Milk	11 CHICKEN PASTA Chicken/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk	
	14 CHICKEN NUGGETS Chicken Wheat Bread (WGR) Green Beans Pineapple Lactose Free Milk	15 TACO TUESDAY Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	16 SLOPPY JOE Ground Beef Wheat Roll (WGR) Carrots Fresh Orange Slices Lactose Free Milk	17 TURKEY BOLOGNA Turkey Bologna Wheat Roll (WGR) Mixed Veggies Peaches Lactose Free Milk	18 GOULASH Ground Beef/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk	
	21 SALISBURY STEAK Beef Wheat Bread (WGR) Mixed Veggies Pineapple Lactose Free Milk	22 BBQ CHICKEN ROLL UP Chicken Wheat Shell (WGR) Green Beans Fresh Apple Lactose Free Milk	23 MEATBALL BOMBER Beef Wheat Roll (WGR) Peas Fresh Orange Lactose Free Milk	24 TURKEY SUB Turkey Wheat Roll (WGR) Carrots Peas Lactose Free Milk	25 SOUTHWEST RICE Beans/Chicken Brown Rice (WGR) Corn Fresh Banana Lactose Free Milk	
	28 CHICKEN PATTY Chicken Wheat Bun (WGR) Green Beans Peaches Lactose Free Milk	29 TACO TUESDAY Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	30 TURKEY DOGS Turkey Wheat Bun (WGR) Fresh Salad Orange Slices Lactose Free Milk			

All lunches follow CACFP (child and adult care food program) (WGR) = Whole Grain-Rich Foods

Milk Guide 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4 cup 1% Milk) Snack (1/2 cup 1% Milk) 6-Adult (1 cup 1% Milk)

While we do not use any peanut/tree nut products in our food/recipes, we have been advised by all our distributors and lawyers that all warehouses/delivery trucks have peanuts/tree nuts products in/on them and are not stored separately from the food we receive.

We do not serve any children with severe allergies of any kind.

Riva's Catering Presents Cater Tots is a Cater Tots Inc., RCT Catering Inc., Riva's Catering Inc. Company.

