

YOUR EGG & DAIRY FREE MENU

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GREAT NUTRITION IS ONLY THE BEGINNING

APRIL 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 BEEF BOMBER Beef Wheat Bun (WGR) Green Beans Pear Lactose Free Milk	2 TURKEY SUB Turkey Wheat Roll (WGR) Mixed Veggies Fresh Orange Lactose Free Milk	3 GOMLASH Ground Beef/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk	4
HAPPY EASTER 	6 CHICKEN NUGGETS Chicken Wheat Bread (WGR) Carrots Peaches Lactose Free Milk	7 BBQ CHICKEN WRAP Chicken Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	8 TURKEY DOGS Turkey Wheat Roll (WGR) Green Beans Pears Lactose Free Milk	9 BBQ BURGER Beef Hamburger Bun (WGR) Fresh Salad Fresh Orange Slices Lactose Free Milk	10 CHICKEN PASTA Chicken/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk	11
	13 CHICKEN NUGGETS Chicken Wheat Bread (WGR) Green Beans Pineapple Lactose Free Milk	14 TACO TUESDAY Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	15 SLOPPY JOE Ground Beef Wheat Roll (WGR) Carrots Fresh Orange Slices Lactose Free Milk	16 TURKEY BOLOGNA Turkey Bologna Wheat Roll (WGR) Mixed Veggies Peaches Lactose Free Milk	17 GOMLASH Ground Beef/Red Sauce Wheat Elbow (WGR) Peas Fresh Banana Lactose Free Milk	18
	20 SALISBUKY STEAK Beef Wheat Bread (WGR) Mixed Veggies Pineapple Lactose Free Milk	21 BBQ CHICKEN ROLL UP Chicken Wheat Shell (WGR) Green Beans Fresh Apple Lactose Free Milk	22 MEATBALL BOMBER Beef Wheat Roll (WGR) Peas Fresh Orange Lactose Free Milk	23 TURKEY SUB Turkey Wheat Roll (WGR) Carrots Pears Lactose Free Milk	24 SOUTHWEST RICE Beans/Chicken Brown Rice (WGR) Corn Fresh Banana Lactose Free Milk	
	27 CHICKEN PATTY Chicken Wheat Bun (WGR) Green Beans Peaches Lactose Free Milk	28 TACO TUESDAY Ground Chicken & Beef Wheat Tortilla Shell (WGR) Corn Fresh Apple Lactose Free Milk	29 TURKEY DOGS Turkey Wheat Bun (WGR) Fresh Salad Pineapple Lactose Free Milk	30 TURKEY BOLOGNA Turkey Bologna Wheat Roll (WGR) Mixed Veggies Fresh Orange Lactose Free Milk		



All lunches follow CACFP (child and adult care food program) (WGR) = Whole Grain-Rich Foods

Milk Guide 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4 cup 1% Milk) Snack (1/2 cup 1% Milk) 6-Adult (1 cup 1% Milk)

While we do not use any peanut/tree nut products in our food/recipes, we have been advised by all our distributors and lawyers that all warehouses/delivery trucks have peanuts/tree nuts products in/on them and are not stored separately from the food we receive.

We do not serve any children with severe allergies of any kind.

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